

Number of Women Give Their Thoughts on Trigenics

by Loreen Berlin
News-Enterprise

Models, 14 in all, recently gathered at Suddenly Younger and Slimmer in Los Alamitos to experience the Natural Facial Enhancement® treatment, amidst the unexpected chaos of cameras and a film crew.

The models were excited and exchanged small conversation about their lives with each other, while waiting their turn for the treatment, and to tell their individual story to the assembled film crew. Those who had experienced the NFE® knew about the procedure and were comfortable, while those who were new to the procedure were asking the more seasoned models what to expect. The film crew was filming upcoming segments for seminars to include professionals such as aesthetic medical practitioners, aestheticians, and massage therapists.

If the fingertips know what they are doing and the therapist understands the newly discovered neurological reflexes, the face can show immediate lifting and strengthening of the small facial muscles, according to the originator of the Natural Facial Enhancement® method, Dr. Lorraine Urbina, D.C., Registered Trigenics® Physician, and Licensed Aesthetician. The NFE® is based on the principles of Trigenics® Myoneural Medicine. Trigenics®, originated by Dr. Allan Oolo Austin, is a subspecialty of Chiropractic.

Trigenics®, used on a wide variety of patients and conditions, immediately decreases pain and increases strength, tone and movement. It can be used as an alternative, “no-force manipulation” procedure.

In terms of the face, the NFE®

can be used to attractively lift, and tone the underlying facial muscles to allow a more even facial symmetry, which then creates a greater facial attractiveness and beauty of an individual’s facial features. NFE® is a painless series on non-force - easy to learn manual manipulations on the small muscles of the face to lift and tone underlying facial muscles - allowing more even facial symmetry and greater attractiveness while improving skin firmness.

Seminars on the NFE®, also known as the Fingertip Face Lift, would be most useful to physical therapists, speech therapists, chiropractors, aestheticians, nurses, aesthetic medical practitioners, and massage therapists, along with osteopathic doctors, who specialize in cranial manipulation, Urbina said.

“I’m looking forward to training other health professionals in this system, both nationally and internationally,” said Urbina, “so patients can have easy access to these comfortable, safe, healthy alternative treatments.”

Urbina said she likes the concept of layering beauty treatments by doing the NFE®, followed by one or more combinations of the following: Oxygen Infusion Facials, masks, Facial Ultra-Sound, Micro-Current Face Lift, and a variety of exfoliation, and massage, along with Aesthetic Medical treatments.

“To date, I have noticed that each patient’s response varies with the facial manipulation, noting that the greater the facial asymmetry is, or unevenness, from one side of the face to the other, the more dramatic the results are. After the treatment, the patient’s smile is more even, and patients say they feel a great

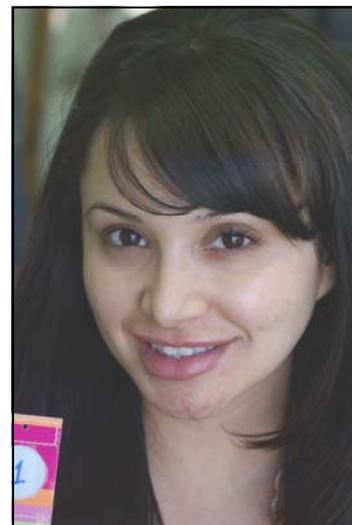
sense of ‘facial lifting’ in their face and see a more refreshed and rejuvenated look,” said Urbina.

“When I came in today, I didn’t realize how stressed I looked and how dull and lifeless my skin looked until I saw the first picture; somewhat depressing actually,” said Amanda Bennett. “Then, Dr. Urbina did the NFE® face lift, followed by the lymphatic drainage. The puffiness was gone, and the dry mask-look was gone. My skin looked fresh and new. After that, she put Jane Iredale mineral makeup on me as the finishing touch. She even gave me newly-shaped eyebrows. I don’t look like the same person leaving as when I came in.”

“I came in with a tired, broken out, uneven face. Now, I can see a symmetrical and more alive look,” said Yolanda “Yolee” Murillo. “My neck feels longer, which makes me feel thinner and taller. I feel as if I’ve slept nine hours and the change is very visible and sudden.”

“Since I started the NFE® with Dr. Lorraine - I can now look in the mirror and see the face I used to have in my late thirties - early forties,” said Cynthia Girard. “Most people that I meet cannot believe I am in my fifties, and they even go as far as asking to see my driver license. I can now go without any makeup at all; I haven’t been able to do that for years. I am extremely happy with all of my results and highly recommend it for everyone.”

“I am a professional singer/songwriter, performer and author,” said Jessikah Stephanie Kollatov. “Because of my line of work, I appear on TV and in front of audiences. The left side of my face was uneven because of a car accident I had two years ago, and of course it made me feel uncom-



(photo by Loreen Berlin)

“I feel as if I’ve slept nine hours and the change is very visible and sudden after the NFE,” said Yolanda “Yolee” Murillo.

fortable, especially in front of the camera, at photo-shoots, and during television work,” she said.

“Dr. Urbina’s NFE® therapy made a phenomenal improvement from the first session! I feel much more confident in front of cameras now, and would highly recommend the treatment for people in my industry, as well as anyone who wants to look and feel good with natural methods,” said Kollatov.

For information, call Suddenly Younger and Slimmer Wellness Spa, 4132 Katella Ave., Ste. 202, in Los Alamitos, at 5 6 2 - 5 9 6 - 1 0 1 9 or visit www.suddenlyyoungerandslimmer.com, or visit www.naturalfacialenhancement.com or view The Wellness and Rejuvenation Show on Los Al TV3, at various times. Dr. Lorraine Urbina, D.C., Licensed Aesthetician, and Registered Trigenics Physician, owner/operator of Suddenly Younger & Slimmer Wellness Spa works with a medical team.